

## Meet the Trainer ...

Susan Dahl is a skilled and certified horse trainer with over 15 years' experience as a trainer and teacher of foundation reining and natural horsemanship.

Through extensive research and study of the techniques of various masters of reining such as Bob Avila and Clinton Anderson, Susan has developed a unique, individualized and successful program that has resulted in numerous competitive wins.

Both you and your horse will benefit from learning and practicing natural horsemanship skills and techniques!



*Photo courtesy of River Bend Designs*

## Foundation Reining Training Centre

*Susan Dahl, Trainer*

### Championships and Credentials

- ◆ Professional Horse Trainer Certification – Breyer State University (2004)
- ◆ 2007 ORHA Sired Stakes Limited Non-Pro Derby Champion
- ◆ 2007 WOTCPA Draw Pot Finals Champion
- ◆ 2006 Reining Canada Top 10 Limited Non-Pro
- ◆ 2006 ORHA Finished 3rd Limited Non-Pro, Multiple Pewter Trophy Winner
- ◆ 2006 Canadian PRO-AM Amateur "B" Reining Champion
- ◆ 2003 Reining Canada Top 10 Novice Horse Non-Pro
- ◆ Multiple Non-Pro Champion
- ◆ 15 years' colt starting, training and teaching experience
- ◆ Member of ORHA , NRHA, Reining Canada
- ◆ Trained 2 Reining Canada Top 10 Champions
- ◆ Trained many Ontario Reining Horse Champions
- ◆ Behavioral re-education for problem horses

For more information on colt starting, lessons or training, please email or call:

**Susan Dahl**  
**reinersue@hotmail.com**  
**(519) 369-3866**

Durham, Ontario

Individualized programs and flexible scheduling at reasonable rates.

***Free advice gladly given by phone or email.***



## Foundation Reining Training Centre



*Susan with gelding she trained that placed 6th in the 2003 Reining Canada Novice Horse Non-Pro Top 10*

## Natural Horsemanship Training For Horse and Rider

Teaching Your Horse  
Respect, Responsiveness and Willingness

Teaching **You**  
New Natural Horsemanship Skills  
to Improve Your Riding

# Foundation Reining —

“tuning in” together  
naturally

Reining is flourishing as a popular equestrian sport where competitions provide a venue for riders to demonstrate the skills of their highly trained and conditioned horses.

Reining has been called the “dressage of Western riding” as it requires the horse to be responsive and in tune with its rider as it is judged on its ability to precisely perform a set pattern of movements.

The sport of reining is attracting riders of all ages and skill levels. Inspire your horse to **willingly** work for you. Learning the techniques to excel in natural horsemanship is both challenging and rewarding.



Susan Dahl, 2007 Sired Stakes Limited Non-Pro  
Derby Champion  
— Photo courtesy River Bend Designs

Some of the concepts covered in lessons and in the training programs include:

## Foundation:

- Extensive natural horsemanship groundwork
- Impulsion (speed transitions, etc.)
- Lope departures (picking up the correct lead)
- Side passing, 2 tracking (leg yielding)
- Backup (correct form and very willing)
- Moving off the reins (simple rollback)
- Beginning of collection
- Hip over (simple lead changes)
- Stop (“WHOA”, one rein stop, ‘plunking’ stop)

## Reining:

- Reining Circles (mastering speed changes)
- Spins
- Guide (on a loose rein)
- Flying lead changes (mechanical)
- Counter cantering figure 8’s
- Backup (correct form and very willing)
- Sliding Stop (correct form and distance)
- Collection (overall and refined)
- Reining Rollback (crisp rollback)

## Introducing Ranch Work:

- Ranch roping, ranch cutting, sorting, checking fences— the **REAL** cow work experience!

## Also, how to get the edge with:

- Choice of bits
- Tack
- How and when to use spurs
- Training Aids



Champion first time shown!

## Can any horse be taught reining?

Yes. Some horses are bred specifically for Western performance events, but as long as they can handle the maneuvers, all horses benefit from the training. Good foundation training using natural horsemanship methods can eliminate many acquired bad behaviors in both young and senior horses.

Please email or call me for a **free consultation** to discuss all your training needs.

**“To rein a horse is not only to guide him, but also to control his every movement.”**

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